



10315 20TH ST. S.E. □ LAKE STEVENS, WA 98258 □ (425-334-3885)

Kindergarten Through 5th Grade Distance Learning Program



Teacher: Jenna Allen

PARENT INFORMATION



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Dear Families,

Welcome to Country Dawn's Distance Learning Program. I am looking forward to this school year! The first week or two we will be focusing on getting the children logged into their online classes. Please make sure your child has all their log in information, zoom times and teacher information this will help us better assist your child.

In our grade school program, there will be structured and fun hands on learning experiences for your child. You will receive a monthly newsletter with dates and information for that month. This information will also be on the white board and post on the parent board in our sign in and out area.

My name is Jenna Allen and I am excited to be your child's teacher this year! I have been working at Country Dawn since 2015 as an assistant teacher with the Pre-Kindergarten class and Before and After School program. I was a head teacher for 5 years at my former job. I have been working in childcare since 2000. I am looking forward to a school year filled with great learning activities and getting to know your child. I have completed my Child Development Associate (CDA) from Bellingham Technical College. In my free time I love spending time with my family, being outdoors and exploring new places.

If you have any questions or concerns, feel free to call me at 425-334-5412 or email at countrydawnjenna@gmail.com.

Sincerely,

A handwritten signature in black ink that reads "Jenna Allen". The signature is written in a cursive style.

Jenna Allen
Distance Learning Teacher



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Daily Schedule

Group A – K, 2 & 4

Group B – 1, 3 & 5

5:30 AM --- Country Dawn Opens for the day

5:30 AM – 7:30 AM --- Breakfast & Free Choice – Group A & B

7:30 AM – 8:00 AM --- Free Choice or Recess – Group A & B

8:00 AM – 8:15 AM --- Clean Up – Group A & B

8:15 AM – 8:30 AM --- Get Ready for the day – Group A & B

8:30 AM – 9:00 AM --- Log on Group A & Group B Free Choice

9:00 AM – 9:30 AM --- Log on Group B & Group A Free Choice

9:00 AM – 9:30 AM --- Snack at Desk – Group A & B

9:30 AM – 10:30 AM --- Log on Group A & B / Stretch & Mini Break

10:30 AM – 11:30 AM --- Log on Group A & B

11:30 AM – 12:00 PM --- PE, Music & Library – Group A & B

12:00 PM – 12:30 PM --- Lunch & Brain Break – Group A & B

12:30 PM – 1:45 PM --- Student Flex Work – Group A & B

1:45 PM – 2:15 PM --- Recess & Learning Lab Group A

1:45 PM – 2:15 PM --- Free Choice Group B

2:15 PM – 2:45 PM --- Recess & Learning Lab Group B

2:15 PM – 2:45 PM --- Free Choice Group A

2:45 PM – 3:15 PM --- Snack – Group A & B

3:15 PM – 4:00 PM --- Free Choice – Group A & B

4:00 PM – 5:00 PM --- Art / Special Activities – Group A & B

5:00 PM – 6:00 PM --- Free Choice or Recess – Group A & B

6:00 PM --- Country Dawn Closes for the day

Country Dawn Distance Learning School Supply List

- Pencil Box
- Box of Pencils
- 1 Pack Markers or Crayons
- Eraser
- 2 Lined Notebooks
- 1 Drawing Notebook
- Water Bottle
- Computer
- Headphones or Earbuds

Please bring items the first day of school.

Spelling club

5 new words weekly

fun spelling Bee last Friday of the month (earn a prize for participating)

Show and Tell

The first Friday of every month

*make sure what you bring can fit in you backpack

Science

We will be exploring the wonderful world of science with hands on experiments. We will also be watching Bill Nye the science guy, magic school bus and planet earth. The science activities will be posted on the white board and calendar.

Think out is the box

Is a daily art exercise where I will draw a partial creation and the children will fill in the rest in their Daily journal.

Daily Journal entry

There will be a daily question and the children will answer it in the daily journal.

P.E.

Cosmic kid Yoga on youtube

Group work out

Relay activities

Kids workout on youtube

Music with Mr. Tanner

Learn new songs

Learn about different instruments

Last Friday of the month you can bring in your own instrument

Book Club

Reading log

100 minutes = you earn a prize

New books from the librarian

Garden Club

Help take care of our garden

Learn about how to grow your own food!

Learn the scientific names of plants

Seasonal planting

Podcast

Brains On! is an award-winning audio show for kids and families. Each week, a different kid co-host joins Molly Bloom to find answers to fascinating questions about the world. Our mission is to encourage kids' natural curiosity and wonder using science and history...but there's no age limit on curiosity, and episodes of Brains On can be enjoyed by anyone.

Smash Boom Best is a debate show for kids and families from the makers of the award-winning podcast, Brains On. Every episode takes two cool things, smashes them together and let's you decide which is best. Cats versus Dogs. Pizza versus Tacos. Super Speed versus Super Strength. Who will be crowned the Smash Boom Best? Our debaters use facts and passion to make their case...teaching listeners how to defend their own opinions along the way. Produced By American Public Media

Peace out is a mindfulness and relaxation youtube channel for kids. Interactive adventures which build strength, balance and confidence - and get kids into mindfulness early!

Wow in the World Hosts Mindy Thomas and Guy Raz guide curious kids and their grown-ups on a journey into the wonders of the world around them. We'll go inside our brains, out into space and deep into the coolest new stories in science and technology.

Bedtime Stories on the Stories Podcast, we perform a new story for your children every week. The stories range from retellings of fairy tales like Snow White to classic stories like Peter Rabbit and even completely original works. Everything is G rated and safe for all ages. The perfect kids podcast for imaginative families. Whether you're driving with your children or just want to limit your kids' screen time, Stories Podcast delivers entertainment that kids and parents alike will love.

~~Country Dawn~~
PRESCHOOL & CHILDCARE, INC.

PARENTAL ALERT
SEVERE OR LIFE THREATENING FOOD ALLERGY

Dear Parents:

I am writing to inform you that several children who are currently enrolled at Country Dawn have a life-threatening allergy to peanuts. If these children are exposed to peanuts in any form (even trace amounts), the child may experience a type of shock called anaphylaxis. Anaphylaxis is a reaction that affects the entire body and can result in the child not being able to breathe and cardiac arrest. The reaction is so severe that once symptoms are recognized medication must be given immediately to prevent death, and emergency medical personnel (911) must be called for immediate help.

Strict avoidance is the only way to prevent this type of severe reaction. The safest environment is one where there are no peanuts or foods containing any peanut products or traces of peanuts in the classroom or any area where the child may be. To achieve this safe environment we will need everyone's help. A huge risk is posed by other children who may unwittingly bring foods to school that contain peanuts, or peanut products. Even vapors from the food containing peanuts or peanut products can cause a sensitive child to have a severe reaction. Please check the labels on foods, and do not send any foods containing peanuts or peanut products of any kind to school. If you bring in foods for a special event or class party, bring only commercially prepared food in the original packaging (no home-prepared food, please!). All foods must be monitored closely, all labels must be checked for indications of peanuts or peanut products, and should there be any question as to the safety of the ingredients the food may not be served, or even opened.

I realize this will be an inconvenience, and we appreciate your help and understanding as we attempt to create the safest possible environment for all our children.

If you have any questions please do not hesitate to talk with your child's teacher, supervisory staff at the front desk, or myself. I would like to thank you for your help and understanding in this matter.

Sincerely,



Julie Bliven
Director