



10315 20 TH ST. S.E. □ LAKE STEVENS, WA 98258 □ (425) 334-3885

School Only Tuesday-Thursday Preschool



Teacher: Jessica Gleason

PARENT INFORMATION



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Dear Parents:

Welcome to the School Only T-TH Preschool Program at Country Dawn. My name is Jessica Gleason and I have lived in Lake Stevens my whole life. I graduated from Lake Stevens High School in 2007 and then went to Everett Community College where I got an AA in Criminal Justice. I have worked at Country Dawn since 2007. I have my ATA Certificate in Early Childhood Education. In my free time I enjoy fly fishing, hunting, hiking, spending time outdoors, painting and being with family.

I am excited and am looking forward to the school year and to watch the children discover and grow as individuals. If you have any questions or concerns feel free ask or email me at countrydawnjessica@gmail.com .

Sincerely,

A handwritten signature in black ink that reads "Jessica A. Gleason". The signature is written in a cursive style with a long, sweeping underline.

Jessica Gleason
School Only T-TH Preschool Teacher



T-TH PRESCHOOL

Daily Schedule

8:45 AM – 9:15 AM ... Welcome Circle Time
9:15 AM – 9:30 AM ... Calendar
9:30 AM – 10:00 AM ... Free Choice / Art
10:00 AM – 10:30 AM ... Snack
10:30 AM – 11:30 AM ... Group Time / Small
Centers / Academics / Art
11:30 AM – 12:00 PM ... Recess
12:00 PM – 12:15 PM ... Goodbye Circle Time

Free Choice activities include: free art/drawing, dramatic play, Legos, magnets, house, animals, Lincoln logs and manipulatives.

Tuesday Academics/Art – Letters & Numbers

Thursday Academics/Art – Theme of the Month



T-TH PRESCHOOL THEMES

September

All About Me

Five Senses

Safety

- Fire Drills
- Earthquake Drills
- Lock Down Drills

October

Nocturnal Animals

Pumpkins

Autumn

November

Nutrition

All About Thanksgiving

December

Holidays Around the World

Giving & Sharing

Hibernation

January

Winter

Polar Animals

Space

February

Feelings

Transportation

My Family

March

Spring

Weather

April

Gardens

Nature

Our Earth

May

Oceans

Insects & Birds

Moms & Muffins

June

Rivers & Lakes

Summer Safety

Dads & Donuts



PRESCHOOL OBJECTIVES AND GOALS

SOCIAL / EMOTIONAL

Participates in class discussions.
Able to share with others.
Respects others.
Uses "please" and "thank-you".
Helps to pick up classroom after activity.
Able to play cooperatively with 1 or 2 other children
Speaks in full sentences.
Is understood by most people.
Able to be attentive to an activity 15 to 20 minutes long.
Uses bathroom when needed.

COGNITIVE

Uses "I" rather than "me" in sentences.
Follows 2 oral directions in correct order.
Can sequence 4 story pictures.
Recognize primary colors.
Able to recite own full name.
Able to recite own age.
Able to recite name of own sex.
Recognize own printed first name.
Able to count 1 through 10.
Able to recognize basic shapes.

LARGE MUSCLE COORDINATION

Can catch a ball.
Can jump over a 3-inch object
Can hop on 1 foot across room.
Can gallop
Walks using alternating steps with a heel to toe gait.
Can kick a rolling ball.
Can put on own coat.
Can throw a ball.

SMALL MUSCLE COORDINATION

Able to hold a pencil or crayon with pincer grip.
Can color with control.
Uses glue with control.
Can stack 10 blocks.
Able to string large beads.
Able to put together puzzles.
Can draw a person.
Able to cut with scissors with control.
Can pour water from a small pitcher.
Can trace patterns.

Country Dawn uses a hands-on curriculum that includes small group activities, circle time, outside play, free choice play, theme-based arts and crafts, science, and baking activities. Basic academic skills: recognizing shapes, colors, letters, and numbers are incorporated throughout the day. Language and Social/Emotional development are practiced all day; expanding the children's vocabulary, their ability to communicate, play with peers, and follow the teacher's instruction. Country Dawn's curriculum follows the Early Learning Guidelines set by Washington State Department of Early Learning. (www.del.wa.gov) CDC Assessments are provided to families each fall and spring. We offer Preschool families conferences and progress reports each year in the fall and spring.



**PARENTAL ALERT
SEVERE OR LIFE THREATENING FOOD ALLERGY**

Dear Parents:

I am writing to inform you that several children who are currently enrolled at Country Dawn have a life-threatening allergy to peanuts. If these children are exposed to peanuts in any form (even trace amounts), the child may experience a type of shock called anaphylaxis. Anaphylaxis is a reaction that affects the entire body and can result in the child not being able to breathe and cardiac arrest. The reaction is so severe that once symptoms are recognized medication must be given immediately to prevent death, and emergency medical personnel (911) must be called for immediate help.

Strict avoidance is the only way to prevent this type of severe reaction. The safest environment is one where there are no peanuts or foods containing any peanut products or traces of peanuts in the classroom or any area where the child may be. To achieve this safe environment we will need everyone's help. A huge risk is posed by other children who may unwittingly bring foods to school that contain peanuts, or peanut products. Even vapors from the food containing peanuts or peanut products can cause a sensitive child to have a severe reaction. Please check the labels on foods, and do not send any foods containing peanuts or peanut products of any kind to school. If you bring in foods for a special event or class party, bring only commercially prepared food in the original packaging (no home-prepared food, please!). All foods must be monitored closely, all labels must be checked for indications of peanuts or peanut products, and should there be any question as to the safety of the ingredients the food may not be served, or even opened.

I realize this will be an inconvenience, and we appreciate your help and understanding as we attempt to create the safest possible environment for all our children.

If you have any questions please do not hesitate to talk with your child's teacher, supervisory staff at the front desk, or myself. I would like to thank you for your help and understanding in this matter.

Sincerely,

A handwritten signature in black ink, appearing to read "Julie Bliven".

Julie Bliven
Director