



10315 20 TH ST. S.E. □ LAKE STEVENS, WA 98258 □ (425) 334-3885

Pre-Kindergarten  
School Only  
Monday - Wednesday - Friday



Teacher: Jessica Gleason

PARENT INFORMATION



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Dear Parents:

Welcome to the School Only M-W-F Pre-Kindergarten Program at Country Dawn. My name is Jessica Gleason and I have lived in Lake Stevens my whole life. I graduated from Lake Stevens High School in 2007 and then went to Everett Community College where I got an AA in Criminal Justice. I have worked at Country Dawn since 2007. I have my ATA Certificate in Early Childhood Education. In my free time I enjoy fly fishing, hunting, hiking, spending time outdoors, painting and being with family.

I am excited and am looking forward to the school year and to watch the children discover and grow as individuals. If you have any questions or concerns feel free to ask or email me at [countrydawnjessica@gmail.com](mailto:countrydawnjessica@gmail.com) .

Sincerely,

A handwritten signature in black ink that reads "Jessica A. Gleason". The signature is written in a cursive style with a large, flowing "J" and "G".

Jessica Gleason  
School Only M-W-F Pre-Kindergarten Teacher



## **MONDAY-WEDNESDAY-FRIDAY PRE-KINDERGARTEN DAILY SCHEDULE**

8:45 AM – 9:15 AM ... Welcome Circle Time  
9:15 AM – 9:30 AM ... Calendar  
9:30 AM – 10:00 AM ... Free Choice / Art  
10:00 AM – 10:30 AM ... Snack  
10:30 AM – 11:30 AM ... Group Time / Small  
Centers /Academics /Art  
11:30 AM – 12:00 PM ... Recess  
12:00 PM – 12:15 PM ... Goodbye Circle Time

Free Choice activities include: free art/drawing,  
dramatic play, Legos, magnets, house, animals,  
Lincoln logs and manipulatives.

Monday Academics/Art  
Scholastic Magazine  
Writing Names & Letters

Wednesday Academics/Art  
Numbers  
Music  
Theme of the Month  
Arts & Crafts

Friday Academics/Art  
Science (Cooking – Measuring)  
Games  
Rhyming

# PRE-KINDERGARTEN THEMES

## September

All About Me  
Five Senses  
Safety

- Fire Drills
- Earthquake Drills
- Lock Down Drills

## February

Feelings  
Transportation  
My Family

## October

Nocturnal Animals  
Pumpkins  
Autumn

## March

Spring  
Weather

## November

Nutrition  
All About Thanksgiving

## April

Gardens  
Nature  
Our Earth

## December

Holidays Around the World  
Giving & Sharing  
Hibernation

## May

Oceans  
Insects & Birds  
Moms and Muffins

## January

Winter  
Polar Animals  
Space

## June

Rivers & Lakes  
Summer Safety  
Dads and Donuts

# Pre-Kindergarten Objectives and Goals

## Social / Emotional

- Participates in class discussions.
- Uses appropriate manners.
- Respects classmates.
- Shows respect for teachers.
- Talks in full sentences.
- Cleans up space when leaving.
- Able to play alone, and with other children.
- Able to be attentive to an activity 15 to 20 minutes.
- Is more creative with make believe play.

## Large Muscle Coordination

- Walks with a heel to toe gait.
- Hops on one foot across room.
- Able to skip.
- Able to gallop.
- Able to throw and catch a ball.
- Able to balance on one foot.
- Able to kick a rolling ball.
- Able to somersault forward.
- Able to jump over a 3-inch object.

## Small Muscle Coordination

- Can hold a pencil using a pincer grip.
- Able to cut with scissors with control.
- Able to glue with control.
- Able to trace patterns.
- Pours water from a small pitcher.
- Can draw a person.
- Colors with control.
- Can zip or button own coat.
- Able to string 10 beads.
- Able to put together a puzzle.

## Cognitive

- Can repeat four lines of a simple song.
- Able to relate incidents, interpret pictures, and predict outcomes.
- Able to sequentially order four pictures.
- Able to follow three oral directions in correct order.
- Able to count 1 through 20.
- Able to recognize numbers 0 through 20.
- Able to match number of objects to numeral.
- Able to compare sets (more, less, larger, smaller).
- Recognizes shades of color.
- Detects a pattern.
- Able to sort/classify by (shapes, color, sizes, textures).
- Able to recognize shapes (triangle, circle, square, rectangle, oval, diamond).
- Able to recognize positions (first, last, before, after, next, between, over, under, above, below).
- Recognition of uppercase and lowercase letters of alphabet.
- Can recognize his/her own printed name.
- Can recognize his or own name when spelled orally.
- Speaks full name upon request.
- Able to relate age upon request.

Country Dawn uses a hands-on curriculum that includes small group activities, circle time, outside play, free choice play, theme-based arts and crafts, science, and baking activities. Basic academic skills: recognizing shapes, colors, letters, and numbers are incorporated throughout the day. Language and Social/Emotional development are practiced all day; expanding the children's vocabulary, their ability to communicate, play with peers, and follow the teacher's instruction. Country Dawn's curriculum follows the Early Learning Guidelines set by Washington State Department of Early Learning. ([www.del.wa.gov](http://www.del.wa.gov)) CDC Assessments are provided to families each fall and spring. We offer Pre-K families conferences and progress reports each year in the fall and spring.



PARENTAL ALERT  
SEVERE OR LIFE THREATENING FOOD ALLERGY

Dear Parents:

I am writing to inform you that several children who are currently enrolled at Country Dawn have a life-threatening allergy to peanuts. If these children are exposed to peanuts in any form (even trace amounts), the child may experience a type of shock called anaphylaxis. Anaphylaxis is a reaction that affects the entire body and can result in the child not being able to breathe and cardiac arrest. The reaction is so severe that once symptoms are recognized medication must be given immediately to prevent death, and emergency medical personnel (911) must be called for immediate help.

Strict avoidance is the only way to prevent this type of severe reaction. The safest environment is one where there are no peanuts or foods containing any peanut products or traces of peanuts in the classroom or any area where the child may be. To achieve this safe environment we will need everyone's help. A huge risk is posed by other children who may unwittingly bring foods to school that contain peanuts, or peanut products. Even vapors from the food containing peanuts or peanut products can cause a sensitive child to have a severe reaction. Please check the labels on foods, and do not send any foods containing peanuts or peanut products of any kind to school. If you bring in foods for a special event or class party, bring only commercially prepared food in the original packaging (no home-prepared food, please!). All foods must be monitored closely, all labels must be checked for indications of peanuts or peanut products, and should there be any question as to the safety of the ingredients the food may not be served, or even opened.

I realize this will be an inconvenience, and we appreciate your help and understanding as we attempt to create the safest possible environment for all our children.

If you have any questions please do not hesitate to talk with your child's teacher, supervisory staff at the front desk, or myself. I would like to thank you for your help and understanding in this matter.

Sincerely,

A handwritten signature in black ink, appearing to read "Julie Bliven".

Julie Bliven  
Director