

2020

September Menu



MONDAY
31

TUESDAY
01

Breakfast: Oatmeal & blueberries

AM: Turkey cubes with Ritz crackers

PM: Apple slices, cheese cubes (* grated cheese)

08

Breakfast: Scrambled eggs with ham and cheese & bananas

Country Dawn

Closed for

Labor Day

14

Breakfast: Assorted cereals & bananas

AM: Goldfish crackers with bell peppers, zucchini

PM: Carrots and cheese cubes (* sliced cheese & cucumbers)

21

Breakfast: Assorted cereals & pears

AM: Green beans with Saltine crackers

PM: Soy butter and jam sandwiches & milk

28

Breakfast: Assorted cereals & grapes (* pineapple)

AM: Graham crackers with mandarin oranges

PM: Rice cakes with yogurt

WEDNESDAY
02

Breakfast: Biscuits with sausage gravy & pears

AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks

PM: Pita bread with hummus, snap peas

09

Breakfast: Pancakes & orange slices

AM: Pretzels with green beans

PM: Boiled eggs with Triscuit crackers

16

Breakfast: Oatmeal & apple slices

AM: Rice cakes with pears

PM: Bean and cheese tortillas with olives

23

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Better Cheddar crackers

PM: Boiled eggs with peas

30

Breakfast: Biscuits with sausage gravy & pears

AM: Cauliflower, broccoli (* roasted) with ranch, bread

PM: Pita bread with hummus, snap peas

THURSDAY
03

Breakfast: Waffles with strawberries & whipped topping

AM: Cinnamon tortillas with applesauce

PM: Popcorn with grapes (* crackers with pears)

10

Breakfast: Croissants with strawberry jam & cantaloupe

AM: Ritz crackers with roasted broccoli

PM: Teddy grahams with mandarin oranges

17

Breakfast: Cinnamon toast & mixed berries

AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato)

PM: Orange slices with popcorn (* crackers)

24

Breakfast: Breakfast burritos with ham, cheese, salsa & pineapple

AM: Goldfish crackers with cucumbers, bell peppers

PM: Ginger Snaps with cantaloupe

01

All breakfasts are served with water and milk.

Cheerios are also served as a breakfast option each day.

Water is served with all snacks, unless posted otherwise.
* 30 months and under

FRIDAY
04

Breakfast: Assorted cereals & bananas

AM: Tomato slices, zucchini with Saltine crackers

PM: Tuna sandwiches with pickles

11

Breakfast: Assorted cereals & strawberries

AM: Vanilla wafers with bananas

PM: Ham and cream cheese roll ups with snap peas

18

Breakfast: Assorted cereals & kiwi

AM: String cheese with roasted potatoes

PM: Vanilla pudding with bananas

25

Breakfast: Assorted cereals & applesauce

AM: Mini bagels with cream cheese, bananas

PM: Wheat Thin crackers with carrots (* bell peppers), hummus

02

Country Dawn Lunches

All Week - Soynut & Jam

M - Grilled Cheese

T - Tuna

W - English Muffin Pizzas

Th - Turkey & Cheese

F - Quesadillas